

Self Mastery

Managerial Effectiveness

Market Readiness

# Capacity Building

Value Creation & Value Capture

Presented by: **Felix Nzuki**

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Types of  
Leaderships

Wk 1-2

Reframing  
Vision for  
Execution

Intrapersonal  
and  
interpersonal  
skills

Wealth  
Concept

Persuasion  
Techniques

Intro to  
Org.  
Anatomy

# Natural Disposition

Who are you?

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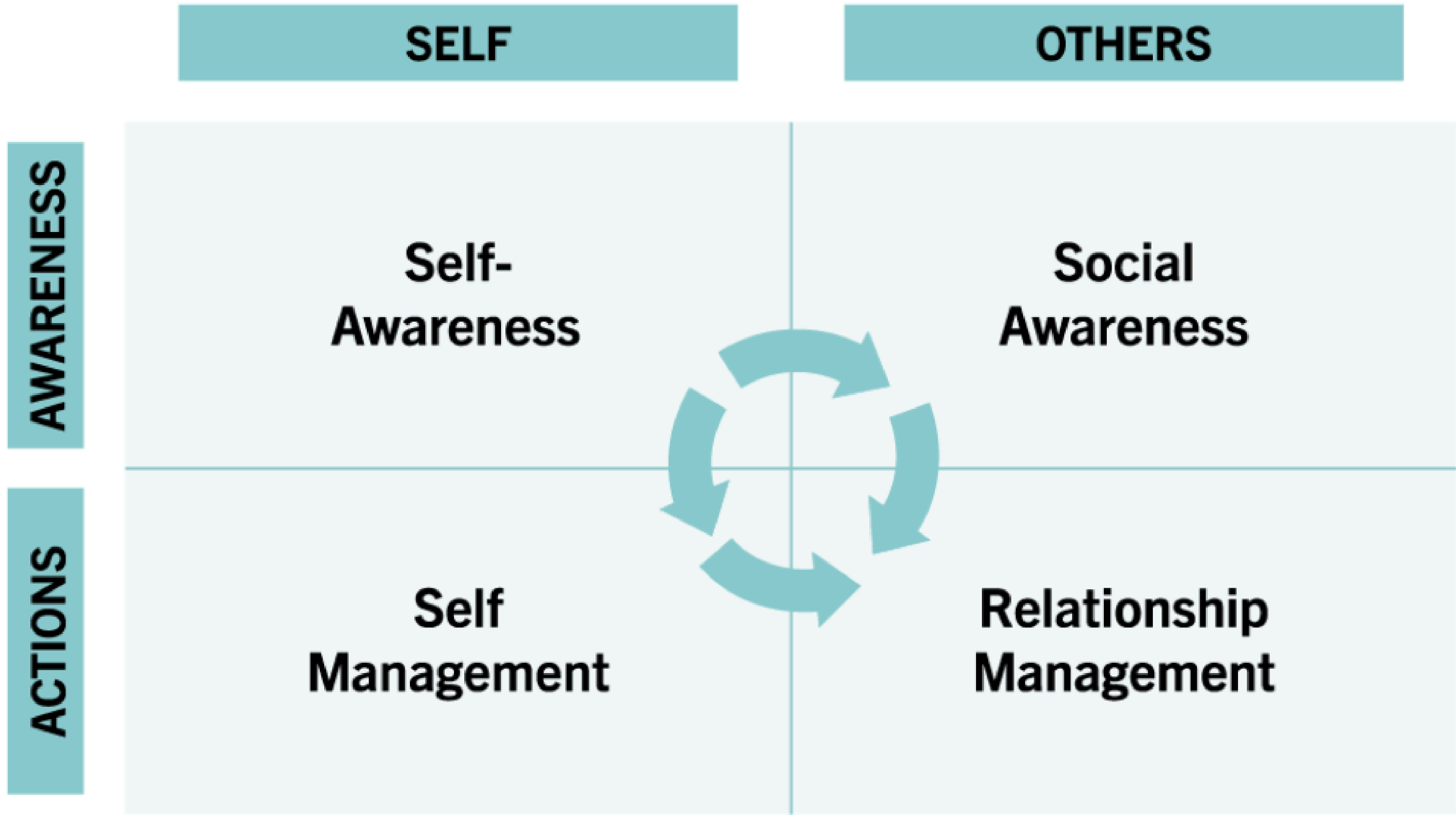
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Self-mastery

# Emotional Intelligence

Know you



## **SANGUINES**

UNIQUELY

See the best  
in people  
& circumstances

## **CHOLERIC**

UNIQUELY

Are visionaries  
that can see  
& achieve goals

## **PHLEGMATICS**

UNIQUELY

Are calm & kind  
in the midst of chaos

## **MELANCHOLICS**

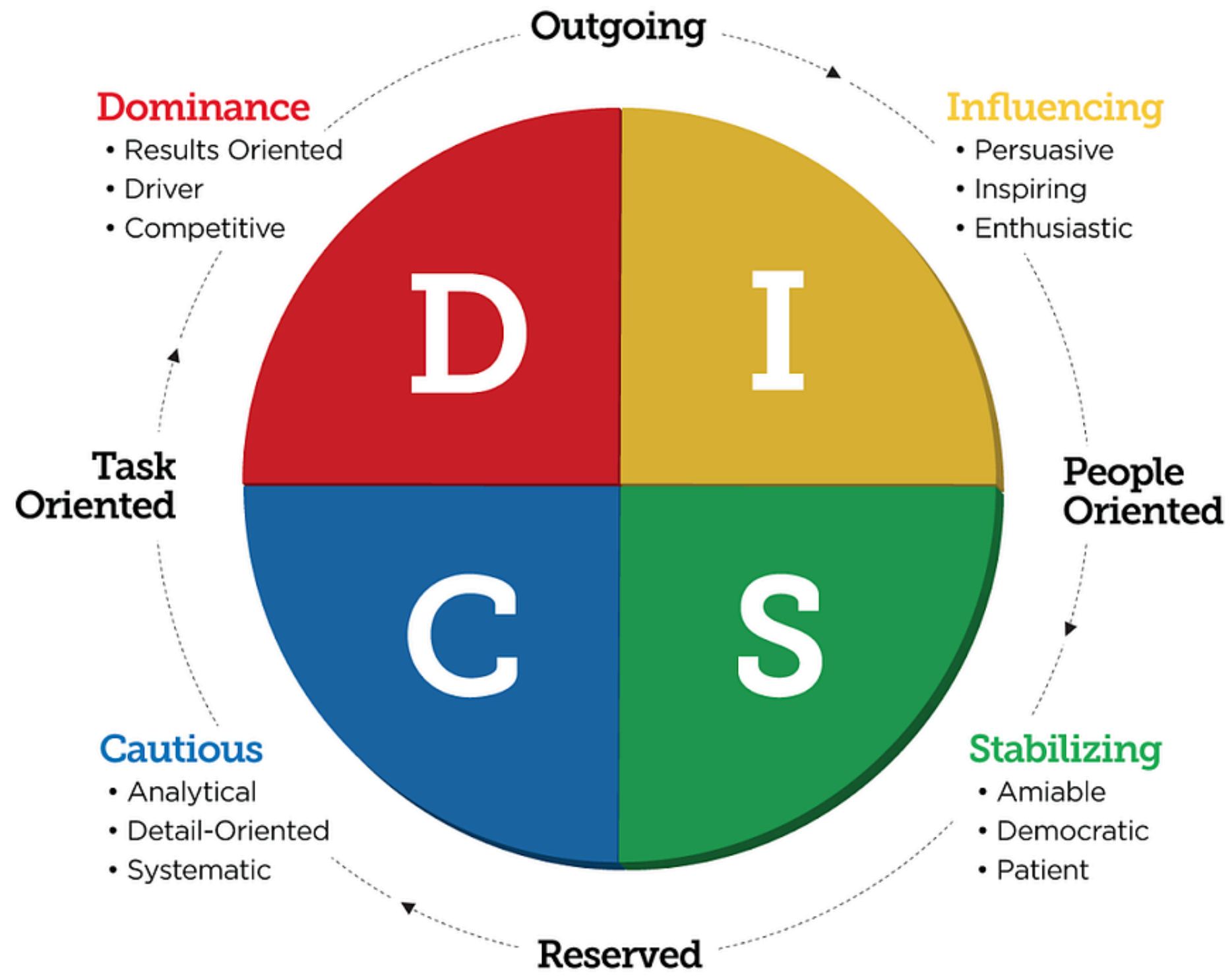
UNIQUELY

Can anticipate  
obstacles & creatively  
problem-solve

Self-mastery

# DISC Profile

Behaviours



Self-mastery

# OCEAN Model

## OCEAN - the Big 5 Personality Traits



**Openness**



**Conscientiousness**



**Extraversion**



**Agreeableness**



**Neuroticism**

- [Openness](#) - People who like to learn new things and enjoy new experiences usually score high in openness. Openness includes personality traits like being insightful and imaginative and having a wide variety of interests.
- [Conscientiousness](#) - People that have a high degree of conscientiousness are reliable and prompt. Personality traits include being organized, methodic, and thorough.
- [Extraversion](#) - Extraverts get their energy from interacting with others, while introverts get their energy from within themselves. Extraversion includes the personality traits of energetic, talkative, and assertive.
- [Agreeableness](#) - These individuals are friendly, cooperative, and compassionate. People with low agreeableness may be more distant. Personality traits include being kind, affectionate, and sympathetic.
- [Neuroticism](#) - Neuroticism is also sometimes called Emotional Stability. This dimension relates to one's emotional stability and degree of negative emotions. People that score high on neuroticism often experience emotional instability and negative emotions. Personality traits include being moody and tense for example.

# Assignment

<https://www.16personalities.com>

<https://www.123test.com/personality-test/>

<https://www.truity.com>

# Passion/Calling?

Book: Mindset, the new Psychology of Success by Carol  
Dweck

Ref: Audio books from Everand.com or Book Review on  
YouTube

# References

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